

Therapy Modifications for Autistic Adults

This 7.5-hour live webinar will focus on how to adapt mental health therapy to make it more accessible and effective for **autistic adults** through a multidisciplinary lens. Learning will include:

- Introduction to neurodiversity affirming practice.
- Key life stages, transitions and experiences that might contribute to autistic adults accessing therapy.
- Lived experience and evidence-based perspectives on adapting psychotherapy for autistic adults.
- Case examples and practical strategies to integrate into your clinical practice.

Who is the training for?

Mental health clinicians and other professionals **working with autistic adults**, e.g. psychologists, social workers, speech pathologists, occupational therapists, mental health nurses, headspace clinicians, psychiatrists and registrars.

Who provides the training?

Melanie Cooke, Senior Clinical Psychologist

Elle Perry, Clinical Psychologist

Leonie Wilson, Speech Pathologist

Johanna Rouse, Autism Lecturer & Senior Occupational Therapist



Lived experience perspectives and contributions from the Mindful Autism team will be embedded throughout this training day.

DATE: Wednesday 18 November

TIME: 9:00am – 4:30pm

LOCATION: Online via Zoom*

COST: \$275 / \$135*

*Subsidised rate for Victorian clinicians in ICYMHS, AMHS/Forensicare, headspace, Take Two, ACCHOs, & Children's Health & Wellbeing Locals.

Register online at mindful.org.au/autism-training

*These workshops are not recorded.
Please read our [Cancellation and Attendance policy](#) before booking.



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